

CARTE
D'OR

Merry
Christmas

We hope you enjoy your
Festive Fancies activity kit



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Christmas is coming and we're here to help create excitement in your care setting!



This activity kit has been created to help bring some Christmas games and laughter to your residents. Test your residents' musical knowledge with our Jukebox Jam quiz, and get their creative juices flowing with our Christmas card making kit. Top it all off with a sing-along using our lyric sheets featuring some Christmas classics.

For your chefs, we've included a selection of delicious recipes from **Carte D'Or** (which we're sure your residents will enjoy too!).

Enjoy – and Merry Christmas!

Alex Hall
Executive Chef, UFS





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Orange Crème Caramel

Serves 10

500ml Whole milk
500ml Double cream
5g Orange zest
125g **Carte D'Or** Crème Brûlée / Crème Caramel mix
300g Caster Sugar
50ml Water

Method:

1. Place the sugar and water in a heavy bottom pan and cook on a medium heat until a light caramel is achieved.
2. Pour the caramel into the base of your moulds and allow to set.
3. Bring the milk, cream and orange zest to the boil.
4. Remove from the heat and whisk in the **Carte D'Or** Crème Brûlée mix until fully dissolved.
5. Pour the mix into the moulds and refrigerate for 3 hours before serving.



Lemon & Stem Ginger Mousse

Serves 10

200g **Carte D'Or** Lemon Mousse mix
500ml Whole milk
50g Stem ginger in syrup
5g Lemon zest

For the mousse

1. Place the **Carte D'Or** Lemon Mousse mix, lemon zest and milk into a mixing bowl.
2. Whisk with an electric mixer for 2 minutes at a low speed followed by 5 minutes at high speed.
3. Spoon into piping bags.
4. Remove the ginger from the syrup and finely chop, return back to the syrup.

To assemble

1. Pipe a layer of mousse into a dessert glass, then add a small layer of ginger in syrup.
2. Repeat until 1" from the top of the glass.
3. Garnish with diced stem ginger.



Strawberry, Raspberry & Mint Mousse

Serves 10

210g **Carte D'Or** Strawberry Mousse mix
500ml Milk
25g Mint, finely chopped
200g Raspberries
150g Strawberries



For the mousse

1. Pour the milk into a mixing bowl then add the **Carte D'Or** Strawberry Mousse mix.
2. Whisk with an electric mixer for 2 minutes at a low speed followed by 5 minutes at high speed.
3. Add the finely chopped mint and the whole raspberries and whisk for another minute.
4. Transfer the mix to a piping bag and pipe into glasses.
5. Place into the fridge and chill for 2 hours.
6. Decorate with fresh strawberries and top with a sprig of fresh mint.



Chocolate Coffee Mousse with Irish Whiskey Cream

Serves 10

240g **Carte D'Or** Chocolate Mousse mix
20g Instant coffee
500ml Whole milk

75ml Whisky
40g Icing sugar
50g Dark chocolate
225ml Whipping cream



For the chocolate coffee mousse

1. Pour the milk into a mixing bowl and add the **Carte D'Or** Chocolate Mousse mix and instant coffee.
2. Whisk with an electric mixer for 2 minutes at a low speed followed by 5 minutes at high speed.
3. Transfer the mix to a piping bag and pipe into glasses.
4. Place into the fridge and chill for 2 hours.

For the Irish whiskey cream

1. Pour the whipping cream, Irish Whiskey and Icing sugar in a mixing bowl and whisk until soft peaks are formed.
2. Place the mix into the a piping bag then pipe a layer on top of the chocolate mousse.
3. Decorate with grated dark chocolate.





An invitation to all our residents

Join us
for carols,
Christmas
games &
sweet treats!



DATE:

PLACE:

TIME:

Merry
Christmas

Christmas Card Decorations

Cut out the items below and stick them onto your Christmas card to make it personal and special.



Christmas Card Decorations

Cut out the items below and stick them onto your Christmas card to make it personal and special.



Jingle Bells

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**Jingle bells, jingle bells, jingle all the way!
O what fun it is to ride in a one-horse open sleigh.
Jingle bells, jingle bells, jingle all the way!
O what fun it is to ride in a one-horse open sleigh.**

**Dashing through the snow, in a one-horse open sleigh,
Over the fields we go, laughing all the way;
Bells on bob-tail ring, making spirits bright,
O what fun it is to ride and sing a sleighing song tonight.**

**Jingle bells, jingle bells, jingle all the way!
O what fun it is to ride in a one-horse open sleigh.
Jingle bells, jingle bells, jingle all the way!
O what fun it is to ride in a one-horse open sleigh.**

We Wish You A Merry Christmas

CARTE
D'OR

We wish you a Merry Christmas;
We wish you a Merry Christmas;
We wish you a Merry Christmas and a Happy New Year.
Good tidings we bring to you and your kin;
We wish you a Merry Christmas and a Happy New Year.

Now bring us some figgy pudding,
Now bring us some figgy pudding,
Now bring us some figgy pudding, so bring some out here!

We won't go until we get some,
We won't go until we get some,
We won't go until we get some, so bring some out here!

We wish you a Merry Christmas;
We wish you a Merry Christmas;
We wish you a Merry Christmas and a Happy New Year.
Good tidings we bring to you and your kin;
We wish you a Merry Christmas and a Happy New Year.

Silent Night

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**Silent night, holy night,
All is calm, all is bright;
Round yon Virgin, Mother and Child
Holy infant so tender and mild,
Sleep in heavenly peace,
Sleep in heavenly peace.**

**Silent night, holy night,
Shepherds quake at the sight;
Glories stream from heaven afar,
Heavenly hosts sing Alleluia!
Christ the Saviour is born,
Christ the Saviour is born!**

**Silent night, holy night,
Son of God, love's pure light;
Radiant beams from thy holy face
With the dawn of redeeming grace,
Jesus, Lord, at thy birth,
Jesus, Lord, at thy birth.**

We Three Kings

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**We three kings of orient are,
Bearing gifts we traverse afar.
Field and fountain, moor and mountain,
Following yonder star.**

**Oh, star of wonder, star of night,
Star with royal beauty bright.
Westward leading, still proceeding,
Guide us to thy perfect light.**

**Born a King on Bethlehem's plain,
Gold I bring to crown him again.
King forever, ceasing never,
Over us all to reign.**

**Oh, star of wonder, star of night,
Star with royal beauty bright.
Westward leading, still proceeding,
Guide us to thy perfect light.**

Christmas Jukebox Jam

Complete the line of the famous
Christmas songs to earn a point!

Question 1

Question 2

Question 3

Question 4

Question 5

Question 6

Question 7

Question 8

Question 9

Question 10

**TOTAL
SCORE**

Christmas Jukebox Jam

Answer sheet

Q1: I don't want a lot for Christmas

A1: There is just one thing I need

Q2: Last Christmas, I gave you my heart

A2: But the very next day you gave it away

Q3: You were handsome, you were pretty

A3: Queen of New York City

Q4: It's beginning to look a lot like Christmas

A4: Everywhere you go

Q5: I'm driving home for Christmas

A5: Oh, I can't wait to see those faces

Q6: I really can't stay

A6: Baby, it's cold outside

Q7: Baby if you've got to go away, I don't think I can take the pain

A7: Won't you stay another day

Q8: I'm dreaming of a white Christmas

A8: Just like the ones I used to know

Q9: It's Christmas time, and there's no need to be afraid

A9: At Christmas time, we let in light and banish shade

Q10: So this is Christmas and what have you done

A10: Another year over and a new one just begun



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Merry Christmas

If you're on the lookout for further support, we offer a range of activities and wellbeing tools for residents plus culinary support for chefs including our Chef Rewards scheme and regular newsletter updates. To find out more and to sign up visit ufs.com or call us 0800 783 3728 and choose option 1.



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