



ICE CREAM

ACTIVITY KIT

Whether it's a day at the beach or a night at the movies, ice cream makes the perfect accompaniment.

CARTE D'OR

HELLMANN'S

Lifebuoy

THE VEGETARIAN BUTCHER

Knorr

FUTURE 50 FOODS

fair kitchens

Unilever

U

Unilever Food Solutions

WALL'S

Support. Inspire. Progress.

At Unilever Food Solutions, we've made it our mission to support the hydrational and nutritional needs of residents living in care. We're also committed to helping care settings to provide fun activities for their residents, along with nutritionally optimised meals and snacks.

This Wall's activity kit invites you to join us in this mission by providing useful and engaging activities and puzzles along with delicious recipes to keep your residents' spirits up – and their stomachs full!

KIT INCLUDES

With our range of activities your residents can enjoy ice cream whatever the weather or time of year.

- + **Poster of the British Isles**
Talk to your residents about where they've visited
- + **Poster of iconic movies**
Talk to your residents about their favourite or most watched movie
- + **Question card**
Prompts to help trigger happy memories
- + **Stickers**
Encourage your residents to mark their favourite destination or movie with a sticker
- + **Puzzles**
For residents to complete on their own or in teams
- + **Recipe cards**



WHY WALL'S?

As a brand with almost **100** years of heritage (it's actually our 100th birthday next year!), Wall's can evoke happy memories amongst your residents and encourage them to eat and enjoy. And there's more too...



CALORIES & HYDRATION

Wall's high quality ice creams are richer in calories than other ice cream brands, delivering both nutritional and hydrational benefits.

HYGIENE & CONVENIENCE

Our pre-packaged ice creams are also hygienic and their hand-held format can support residents suffering from dementia.

SNACKING & NUTRITION

Snacking can help to avoid malnutrition and boost daily energy. Our packaged ice creams are perfect for residents with smaller appetites!

A day at the beach

THE GREAT
BRITISH
STAYCATION

ENJOY AN
ICE CREAM



WHERE HAVE
YOU VISITED?

Use the stickers provided to
mark your favourite British Isles
seaside spot.

THIS
IS
HOME

WALL'S®



NIGHT AT THE MOVIES



MEET ME IN
ST. LOUIS



THE WIZARD
OF OZ



THE
GODFATHER



SOME LIKE
IT HOT



SINGIN' IN
THE RAIN



VERTIGO



THE GOOD,
THE BAD AND
THE UGLY



THE SOUND
OF MUSIC



WHAT'S YOUR FAVOURITE MOVIE?

Use the stickers provided
to mark your favourite!



A day at the beach

WORD SEARCH



G	R	D	S	V	H	U	I	S	L
K	I	B	U	C	K	E	T	A	F
E	C	Q	Z	P	L	U	Y	N	S
F	E	S	W	A	V	E	S	D	E
L	C	H	P	J	U	Y	E	C	A
X	R	S	C	L	H	N	U	A	S
B	E	A	C	H	A	W	Q	S	I
H	A	N	F	Q	I	S	N	T	D
I	M	D	P	N	L	K	H	L	E
B	U	S	H	E	L	L	B	E	J

Can you find all 9 words?



BEACH

SEASIDE

ICECREAM

SPLASH

SANDCASTLE

SAND

WAVES

BUCKET

SHELL

THIS
IS
HOME



A day at the beach

SPOT THE DIFFERENCE

Can you find the 5 differences?





NIGHT AT THE MOVIES



WORD SEARCH

P	F	I	R	O	S	C	A	R	S
H	W	C	B	A	V	J	O	D	C
O	U	E	M	E	C	G	S	T	R
L	A	C	L	Q	K	T	N	A	E
L	I	R	F	W	N	I	O	K	E
Y	J	E	P	O	P	C	O	R	N
W	X	A	B	J	Z	K	A	I	P
O	G	M	O	V	I	E	B	O	L
O	K	C	V	H	U	T	Q	F	A
D	I	R	E	C	T	O	R	P	Y

CAN YOU FIND ALL 9 WORDS?

MOVIE
POPCORN
OSCARS

HOLLYWOOD
TICKET
DIRECTOR

ICECREAM
ACTOR
SCREENPLAY



WORD SEARCH ANSWERS

A day at the beach

G	R	D	S	V	H	U	I	S	L
K	I	B	U	C	K	E	T	A	F
E	C	Q	Z	P	L	U	Y	N	S
F	E	S	W	A	V	E	S	D	E
L	C	H	P	J	U	Y	E	C	A
X	R	S	C	L	H	N	U	A	S
B	E	A	C	H	A	W	Q	S	I
H	A	N	F	Q	I	S	N	T	D
I	M	D	P	N	L	K	H	L	E
B	U	S	H	E	L	L	B	E	J



NIGHT AT THE MOVIES



P	F	I	R	O	S	C	A	R	S
H	W	C	B	A	V	J	O	D	C
O	U	E	M	E	C	G	S	T	R
L	A	C	L	Q	K	T	N	A	E
L	I	R	F	W	N	I	O	K	E
Y	J	E	P	O	P	C	O	R	N
W	X	A	B	J	Z	K	A	I	P
O	G	M	O	V	I	E	B	O	L
O	K	C	V	H	U	T	Q	F	A
D	I	R	E	C	T	O	R	P	Y

THIS
IS
HOME



SPOT THE DIFFERENCE ANSWERS

A day at the beach



THIS
IS
HOME



QUESTIONS

Use the questions below to start a conversation about your residents' favourite seaside holidays or movies and help trigger happy memories.

- Did you go to the beach when you were small?
- Where did you go?
- What sort of food did you eat at the beach?
- What is your favourite thing about being at the beach?
- What types of games did you play at the beach?
- What beach smells do you remember best?
- How about sand castles, did you like to make them?
- Did you stay at a caravan park or hotel?
- What do you remember most about going to the cinema?
- What is your favourite thing about watching movies?
- Who did you go to the cinema with?
- What sort of movies did you like to go and watch?
- Do you like any genre in particular?
- What movies do remember watching?
- Do you have a favourite ever movie?
- What famous movie songs or soundtracks do you remember?



+ Think

Use props to help trigger memories. Give your residents a ticket to your next movie night or use sand as a sensory tool.



MINI FISH & CHIPS

WITH TARTARE SAUCE



+ Ingredients

200ml	Sparkling water
200g	Self raising flour
1g	Turmeric
1g	Sea salt
20g	Capers, in brine
50g	Gherkin
100ml	Hellmann's Real Mayonnaise 5L
5g	Flat leaf Parsley
2g	Lemon zest
500g	Frozen chips (deep fried)
400g	Cod



+ Method

Tartare sauce:

Finely dice the gherkin and chop capers and add them into the **Hellmann's Real Mayonnaise**.

Mix through the chopped parsley and lemon zest.

Batter:

Place the flour, turmeric and salt in a bowl. Whisk in the cold sparkling water until you have a smooth batter.

To serve:

Cut the fish into 40g pieces – ensuring there are no bones left in.

Deep fry the chips until golden and cooked.

Coat the fish in the flour then place in the batter.

Place them carefully in the fryer set at 200°C cook for 5-6 minutes or until fully cooked.

Place the chips on individual dishes then top with the cod adding the tartare sauce on the side.



MINI PEA FRITTERS

WITH TARTARE SAUCE & CHIPS



+ Ingredients

200ml	Sparkling water
200g	Self raising flour
1g	Turmeric
1g	Sea salt
20g	Capers, in brine
50g	Gherkin
100ml	Hellmann's Real Mayonnaise 5L
5g	Flat leaf Parsley
50g	Onions
100g	Potatoes
250g	Frozen peas
6g	Mint
250ml	Water
10g	Knorr® Professional Gluten Free Rich Vegetable Paste Bouillon 1kg
500g	Frozen chips (deep fried)



+ Method

Pea fritter:

Slice the onion and peel and dice the potatoes.

Place the butter into a pan and sweat the onion until soft and clear. Add in the diced potatoes and cook for a couple of minutes.

Add in water and the **Knorr® Professional Rich Vegetable Bouillon** and bring to a gentle simmer.

Once the potatoes are cooked add in the mint and peas and cook until the peas are soft. Transfer the mix to a blender and blitz until you have a puree. Scoop the mix out into 30g portions and freeze.

Tartare sauce:

Finely dice the gherkin, capers add them into the **Hellmann's Real Mayonnaise**. Mix through the chopped parsley and lemon zest.

Batter:

Place the flour, turmeric and salt in a bowl. Whisk in the cold sparkling water until you have a smooth batter.

To serve:

Take the pea fritters out of the freezer and coat in the flour.

Then place them into the batter and deep fry at 200°C for 3-5 minutes or until fully cooked.

Cook the chips. Place the chips on the base of the dish with a pea fritter on top and serve with the Tartare sauce.

Mini BANANA SPLIT

WITH VANILLA ICE CREAM

+ Ingredients

300g	Bananas
300ml	Carte D'Or Vanilla Ice Cream
150ml	Whipping cream
60g	Glacé cherries
50g	Hazelnuts
25g	Dark chocolate



+ Method

Whisk the cream and place into a piping bag with star nozzle.

Cut the banana in 2 pieces per portion.

Place the banana on the plate and add a scoop of **Carte D'Or Vanilla Ice cream**.

Add the other slice of banana, glacé cherry and some cream.

Top with grated chocolate and chopped hazelnuts.





IN 2022 WALL'S ICE CREAM WILL BE
CELEBRATING IT'S 100TH BIRTHDAY!
 LOOK OUT FOR MORE INFORMATION ON
 HOW WE'RE CELEBRATING AND TO FIND
 OUT MORE ABOUT THE WALL'S RANGE
VISIT [UFS.COM/WALLS](https://www.ufs.com/walls)

If you're on the lookout for further support, we offer
 a range of activities and wellbeing tools for residents
 plus culinary support for chefs including our UFS Chef
 Rewards scheme and regular newsletter updates.

To find out more and to sign up visit [ufs.com](https://www.ufs.com) or
 call us **0800 783 3728** and choose option 1



Unilever
Food
Solutions



Support. Inspire. Progress.