

100% OF THE OILS USED IN FLORA ARE FROM PLANTS





Sunflower seeds are full of good fats

Rapeseed oil has around half the saturated fat of olive oil, plus it contains omega 3 and 6

SAME GREAT TASTA

free from artificial colours & flavours LOWER IN SATURATED FAT*

THEY'RE ALL A
SOURCE OF OMEGA
3 AND 6, ESSENTIAL
IN OUR DIETS AS OUR
BODIES CAN'T MAKE
THEM NATURALLY



BETTER FOR THE ENVIRONMENT

The production of spreads based on vegetable and plant oils omit significantly less greenhouse emissions and use less land than dairy spreads.

THE UNILEVER SUSTAINABLE LIVING PLAN

We are committed to source 100% of our agricultural raw materials sustainably by 2020.

100% of the palm oil used in our spreads are sourced sustainably and RSPO certified (Roundtable Sustainable Palm Oil)

*FLORA ORIGINAL IS 78% LOWER IN SATURATED FAT THAN BUTTER, FLORA BUTTERY IS 70% LOWER IN SATURATED FAT THAN BUTTER.

